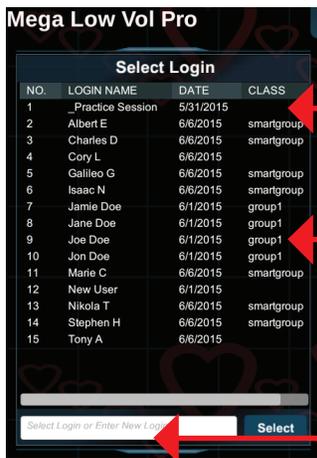


Quickstart Guide

1) Logging In - Log in based on the way your trainer wants



With Practice Session... ...Click once

With Existing Login... ...Click user, enter password, click continue

Create New Login... ...Enter new username, click select enter password

2) Select Skill - After login, select the skill to perform under Skill Set Menu



Click on skill tab of interest

3) Select Activity - Select the type of activity for the skill



Select activity of choice

4) Exit Activity - Click on "Menu" button located near top right corner to go back to Main Menu



Click Menu to exit current activity

5) Changing User - To the left, under Main Menu, click on the second button "2. Login Next User"



Click Login Next User to switch login name